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Exam & Academic Focus Du'a Bookmarks

8 Printable Bookmarks for the Muslim Student

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Falah Shifa

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■ Before Studying

Allahumma inni as'aluka fahmal-nabiyyin wa hifzal-mursalin

"O Allah, grant me the understanding of the prophets and memory of the messengers"

Start every study session with this. Phone away first.

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■ After Studying

Allahumma inni astawdi'uka ma qara'tu wa ma hafiztu

"O Allah, I entrust You with what I have read and memorized. Return it when I need it."

Trust that Allah preserves your effort.

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✂ Cut along edges ✂

■ Before Exams

Rabbi yassir wa la tu'assir, Rabbi tammim bil-khayr

"My Lord, make it easy, not difficult. Complete it with goodness."

Take 3 deep breaths. You are prepared.

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■ Entering Exam Hall

Bismillah, tawakkaltu 'alallah, la hawla wa la quwwata illa billah

"In the name of Allah, I trust in Allah, no power except with Allah"

Step in with right foot. You've done the work.

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■ When Confused/Stuck

Rabbi zidni 'ilma

"My Lord, increase me in knowledge — Quran 20:114"

Skip the question. Breathe. Recite. Move on. Come back.

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■ For Memory

SubhanAllahi wal-hamdu lillahi wa la ilaha illallahu wallahu akbar

"Glory be to Allah, praise be to Allah, no god but Allah, Allah is Greatest"

Recite 10x between study sessions.

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■ For Understanding

Rabbish rahli sadri, wa yassir li amri, wahlul 'uqdatan min lisani

"My Lord, expand my chest, ease my task, untie my tongue"

Musa (AS) made this before his biggest challenge.

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■ For Success

Wa ma tawfiqi illa billah, 'alayhi tawakkaltu wa ilayhi unib

"My success is only through Allah. In Him I trust, to Him I return."

Do your best, then surrender the outcome.

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